

" Let food be thy medicine and medicine be thy food." - Hippocrates

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Kala Chana, Rice, Boondi Raita 	3 Palak Paneer, Chapati, Millet Kheer 	4 HOLIDAY	5 Aloo ki Subji, Poori, Halwa 	6 Rajma Rice, Raita 
9 Ghiya Chana Dal, Chapati, Mini Aloo Bonda 	10 Pav Bhaji, Dal Shorba 	11 Veg Biryani, Veg Raita, Papad 	12 Sabut Moong Dal, Chapati, Beetroot Cottage Cheese Salad 	13 Vada, Sambhar, Masala Daliya 
16 Malai Kofta, Chapati, Lobiya Bhel 	17 Kadi Pakora, Rice, Shahi Tukda 	18 Aloo Matar, Chapati, Corn Veggie Chaat 	19 Pindi Chana, Kulcha, Besan Suji Halwa 	20 Khatta Meetha Petha, Methi Poori, Corn Masala Chaat 
23 Dal Makhani, Jeera Rice, Cottage Cheese Salad 	24 Idli, Sambhar, Veg Vermicelli 	25 Shahi Paneer, Chapati, Sweet Potato Chaat 	26 HOLIDAY	27 Chhole, Rice, Cucumber Raita 
30 Veg Manchurian, Fried Rice, Corn Kimchi Salad 	31 HOLIDAY			

**MEAL
MENU
MARCH
2026**

Nutrition Fact  -Millet Kheer-It is highly nutritious which provides sustained energy, improved digestion, and better blood sugar regulation.
THE MEAL MENU IS SUBJECT TO CHANGE AS PER THE AVAILABILITY OF THE MATERIAL.